

Psychology Advising Center

Dept. of Psychology, University of Utah

Advising Syllabus

Success is your goal, providing the tools is ours!

Gina Seastrand, Director

Office Hours: Monday 9-4 Walk In

Paige Zuckerman, Assoc. Director

Tuesday 9-6 by appointment

Psych.advising@psych.utah.edu

Wednesday 9-4 by appointment

801-585-9095

Thursday 9-4 Walk In

Behs. 507 & 508

Friday 9-3 by appointment

What we do:

The PAC office is a service of academic advising available for current and prospective University of Utah students planning to *major, minor or be otherwise involved in Psychology*. The mission of the PAC office is to provide students with essential information, guidance and counseling on their major and academic goals. PAC advisors are able to advise on Psychology major requirements, policies, and procedures as well as career and graduate school opportunities and preparation. Students *may* also receive ‘unofficial’ information on general education requirements and appropriate referrals to other services as needed. We suggest you visit the office once per semester in order to be best prepared to achieve your academic goals.

What you (the student) need to do:

Students are expected to be self-motivated, organized and well informed and to seek assistance from advisors to ensure that they are prepared for their own achievement. You are responsible to make an appointment to see an advisor to ensure that you are on track for your graduation as well as to find out about other opportunities. Advisors are *not* able to advise on all majors and departments and will refer you as appropriate. Advisors are *not* responsible for your success and may not be able to tell you everything you need to know, however, we will tell you everything we can and find out who else you may need to speak to if necessary. It is your responsibility to ask questions when you are unsure of something and to take time to research your interests and goals independently. It is also your responsibility to see **University College Advising for general education** inquiries as well as other advisors if you are planning to double major or minor. *Your most crucial responsibility is to be willing and motivated to seek assistance towards your own definition of success.*

The following reference is highly suggested for students:

Psychology Major Handbook at www.psych.utah.edu/advising

Please read the handbook before visiting the advising center as it will be reviewed during your appointment otherwise. *Reading this handbook will also guide your questions for your advisor.*

The requirements to declare as a **Psychology full major** are as follows:

- Completion of Psychology 1010 with a “C” grade or better
- Completion of Psychology 2010 with a “C” grade or better
- Minimum Cumulative GPA of 2.8 or above
- 10 semester hours completed at the U of U

Students who have yet to complete the above requirements but are planning to declare Psychology as their major may be declared as “**Pre-Psychology**” status until they are eligible for full major status. Students may update to **full major status** during an appointment or by completing the major declaration application at www.psych.utah.edu/advising

The following is a calendar of important dates for Psychology majors specifically*:

Deadline to apply for graduation: Spring (May)-November 1st

Summer (August)-February 1st

Fall (December)-June 1st

Deadline to apply for Psychology and CSBS scholarships: Usually between Jan 25-Feb 1st (check website for exact)

Deadline to apply for Senior Thesis (non-mandatory research opportunity): March 15th for fall semester start

November 15th for Spring semester start

Deadline to apply for Peer Advising: Early to mid March (varies, see PAC office for yearly dates)

***Please see the University of Utah Academic Calendar for all other due dates* Please see the major handbook or a PAC advisor for more information on the above listed items.**

At the PAC office and we work to ensure that your experience is excellent. Please feel free to leave comments or suggestions in our box at room 507 as well as any other forms needing attention after normal business hours.

