Psychology Major Requirements

This is a checklist of the Psychology Major & unofficial recommendations on Gen Ed requirements.
All courses must be completed with a minimum “C” Grade.

1010 General Psychology (4) (PSY 1010 is a prerequisite for all 3000 level courses)
2010 Psychology as a Science and a Profession (3) (During or after PSY 1010)

To Declare Psychology Major Status: You must complete PSY 1010, PSY 2010, 10 credit hours at the U & have a 2.8 GPA or above.
Apply through appointment with PAC Office or online at www.psych.utah.edu/advising/

3000 Statistical Methods in Psychology (4) (QB, QI) (Prerequisite QA (MATH 1030, 1050, or 1090) & PSY 1010)
3010 Research Methods in Psychology (4) (QI, CW) (Prerequisite PSY 1010 and 3000)

Core Areas—Complete 1 course from 4 of the total Core Areas (must complete Psychology 1010 before)

Developmental Core:
- 3215 Development in Infancy and Early Childhood (3)
- 3220 Childhood and Adolescent Development (3)
- 3230 Adult Development and Aging (3)
- 3240 Adolescence and Emerging Adulthood (3)
- 3250 Abnormal Child Psychology (3) *
- 3260 Social and Personality Development (3)

Social Core:
- 3410 Social Psychology (3)
- 3620 Environment and Behavior (3)
- 3440 Personality Theories (3)
- 3460 Health Psychology (3) *

Clinical Core:
- 3250 Abnormal Child Psychology (3)*
- 3320 Survey of Clinical Psychology (3)
- 3400 Psychology of Abnormal Behavior (3)
- 3460 Health Psychology (3) *

Cognitive Core:
- 3120 Cognitive Psychology (3)
- 3130 Mind and Nature (4) (QB, QI)
- 3140 Cognitive Neuropsychology (3)*
- 3150 Sensation and Perception (3)*
- 3172 Human Performance & Engineering Psychology (3)

Behavior Neuroscience Core:
- 3140 Cognitive Neuropsychology (3)*
- 3150 Sensation and Perception (3)*
- 3711 Brain and Behavior (4)
- 3470 Neuropsychology of Emotions & Personality (3)

Elective Psychology Classes: Remaining hours beyond above requirements (generally 4-5 courses needed)
PSY _____ ( )  PSY _____ ( )  PSY _____ ( )  PSY _____ ( )  PSY _____ ( )  PSY _____ ( )

TOTAL PSYCHOLOGY HOURS: _____ / (_____ IP) / 41
TOTAL UPPER DIVISION: _____ / (_____ IP) 25

Allied Hours: Complete 12 credit hours, of which 6 must be upper division (3000 and up). Waived with completion of a minor or double major.
Departments from which allied hours are accepted: Anthropology, Biology, Chemistry, Communication, Communication Sciences and Disorders, Computer Science, Economics, Educational Psychology, Ethnic Studies, Family and Consumer Studies, Gender Studies, Geography, Gerontology, Health Promotion and Education, Mathematics, Philosophy & Cognitive Science, Political Science, Social Work, Sociology, Special Education, Urban Planning, and Writing.

TOTAL ALLIED HOURS: _____ / (_____ IP) 12
TOTAL UPPER DIVISION: _____ / (_____ IP) 6

Summary of What You Need (as of Today’s DARS Report):
____ Total psychology hours and ___ of those need to be upper- division (3000 and up) GPA: [2.8 or above
____ Total allied hours and ___ of those need to be upper division (waived if you do any minor/ double major)

Required Courses: (1010, 2010, 3000, 3010) # of Core Areas to be Completed:

Visit University College for Official General Ed Advising: 801-581-8146. According to your DARS you need:

*Checklist based on current DARS, if your registration changes, checklist may not be valid
*These courses are listed under two core areas. They may fulfill either area, but not both
†This checklist does not address the General Education or Bachelor Degree requirements; these need to be fulfilled in addition to your major requirements. If you have any questions, please see University College Advising
*All IP, in progress courses, must be finished with a “C” or better to count towards the major requirements.
“How do I find General Education courses?”

It’s easy!

Your degree requires that you complete general education requirements, or courses in areas such as Humanities (HF), Diversity (DV), and others. For official Academic Advising on your gen ed courses, you’ll need to visit University College Advising in the Student Services Building, Room 450. You can call them at 801-581-8146 to schedule an appointment. While seeing your Psychology Advisor, we will have unofficially advised you on the general education courses based on your DARS. If you need any more gen ed courses, here’s how you can find what will fulfill them!

1.) Go to [www.utah.edu](http://www.utah.edu)
2.) Click on “Academics” and then “Catalogues, Schedules, and Calendar”
3.) Click the semester for which you want to register. The course schedule will open with all topics arranged alphabetically. At the very top of the schedule you’ll find the link for “Gen Ed & Bachelor Degree Courses”
4.) Click that link for a menu with all the general education course options
5.) Click on the type of course (ex: “IR” for International Requirement). That will bring up another menu showing all courses offered that semester that will definitely cover that gen ed requirement.

Tip: Psychology offers courses that will cover several of your General Education requirements:

→3 Courses that fulfill the Diversity Requirement (DV)
Psychology 3040: Psychology of Gender; Psychology 3245: Human Sexuality in a World of Diversity and Psychology 3450: Cross-Cultural Psychology

→3 Courses that fulfill the Quantitative Basic or Intensive Requirement (QB, QI)
Psychology 3000: Statistical Methods for Psychology (QB, QI); Psychology 3010: Research Methods for Psychology (QI) and Psychology 3130: Mind & Nature (QI)

→1 Course that fulfills the Writing Intensive Requirement (CW)
Psychology 3010: Research Methods for Psychology

Thank you for visiting the Psychology Advising Center (PAC).
We hope you enjoy your time in this fascinating major!

For the Psychology Advising Office website:
[www.psych.utah.edu/advising](http://www.psych.utah.edu/advising) → Look for “Research/Experience” & “Scholarships” links!

For the Major Handbook (including all major/minor policies and opportunities):

**Psychology Advising Center Hours**

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<th>Day</th>
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<tbody>
<tr>
<td>Monday</td>
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<tr>
<td>Friday</td>
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*The PAC is closed for all University Holidays. We try our best to maintain the above hours but may need to adjust this schedule periodically. For up to date information, visit [www.psych.utah.edu/advising/index.php](http://www.psych.utah.edu/advising/index.php)

*Always bring photo identification to the PAC office. Without an official form of identification, we may be unable to assist you.

**Psychology Advising Center**

**Success is your goal-providing the tools is ours!**
Kate Keddington, Director  • Brandon Bartholomew, Assistant Director
Social Behavioral Sciences Building, Rooms 507&508  •
[psych.advising@psych.utah.edu](mailto:psych.advising@psych.utah.edu)  • Campus Information Desk 801-581-7200  • Technical Support Desk 801-581-4000