PSYCH 3440
Personality Theory

-What is personality?
-How is it assessed?
-Why would a psychologist be interested in my personality?
-What are the differences between personality types and traits?

These questions and more will be addressed in this class that will focus on the different approaches to personality, including classic theories and recent research. Students will learn how to apply and interpret these theories through a number of class exercises and assignments.

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Catherine Caska is a graduate student in the Ph.D. Clinical Psychology program at the U of U, under the mentorship of Dr. Keith Renshaw. She researches National Guard/Reserve service members, their spouses, and interpersonal factors that are related to their depression and anxiety.
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This is an online course, which does not meet in-class.
For additional information, please visit [http://uonline.utah.edu](http://uonline.utah.edu) or call 585-5959.