How Normal Am I?

When it comes to thoughts, feelings & behavior: What’s Normal?
When accurate are TV & movie portrayals of those with emotional or behavioral problems & their treatment?
Are those with emotional or behavioral problems dangerous?

What causes abnormal behavior?

Perhaps as many of 25% of men, women, and children will, at some point in their lives meet the diagnostic criteria for an emotional or behavioral disorder. Yet most of us know relatively little about the nature and causes of these conditions. Most of what we do know about them comes from TV and movies, which, unfortunately, often (for the sake of a good story) get it wrong. This class will cover all the major kinds of abnormal behavior (like depression, anxiety disorders, and schizophrenia) including what they are like, how they develop, and the most effective ways to treat them. Lectures are supplemented (1) with many videos depicting adults and children with these disorders and (2) with the personal experiences of the instructor with clients with most of the forms of abnormal behavior discussed.

Campus: BEH S 112
M.W.F 9:40 AM - 10:30 AM

Instructor: Dr. Don Strassberg
Dr. Strassberg is the recipient of the University of Utah’S 2010 Hatch Prize in Teaching Excellence.

Previous Students Rave
“Thoroughly enjoyed Dr. Strassberg’s lectures and learned so much while enjoying them.”
“Professor was enthusiastic and displayed thorough knowledge of the subject.”
“Loves what he does and does very well at it!”
“Always seemed to go the extra mile to provide the students with help.”
“Amazing teacher.”

Enroll Now
Abnormal Behavior
PSY 3400 - 001
This Fall 2010

Doesn’t fit your schedule? An online version is being offered:
Enroll in Psy 3400 Section 090 CLS#6272