

Introduction to Psychology
Psychology 1010 – Summer 2009

Class Times: Mondays and Wednesdays, 9:00 AM – 10:30 AM

Classroom: TBA

Instructor: Julia Mackaronis

Office: BEH S 437

Mailbox: On the 5th floor, across from the elevators, *underneath* my last name

Email Address: julia.mackaronis@psych.utah.edu

Office Hours: By appointment only (see “Contact Policy,” below)

Contact Policy

The best way to contact me regarding the course is via email. I will make every effort to return all emails within 48 hours (and probably faster than that). If you’d like to see me in person, I want to be totally clear: “by appointment only” doesn’t mean I don’t want to see you! Please email me to schedule an appointment, and include the days and times you can meet in your email. I don’t spend a lot of time in my office, so emailing me first if you’d like to meet will be a much more effective use of both of our times.

Required Text

Wood, S. E., Wood, E. G., & Boyd, D. (2006). *The World of Psychology*, 6th Edition. Boston, MA: Pearson Education, Inc.

Course Description and Objectives

This course is an introduction to the scientific study of human and animal behavior: rationale, methods of inference, selected findings, and some applications.

This course provides a broad introduction to psychology, and covers an exciting array of psychological concepts and areas. We will cover topics including psychobiology, development, cognition, emotion, health, personality, abnormal/clinical psychology, and social psychology. This course will also introduce you to some of the basic theories and research methods psychologists utilize.

Scheduling Accommodations

Consistent with Section A of the University’s policy, I am willing to accommodate university activities as well as value-based obligations that conflict with course activities (such as religious holidays or other value-based activities). No later than the end of the second week of the semester, please send me an e-mail with the nature and date of your anticipated absence (earlier if your conflict occurs before that deadline). That will give us time to work out a way for you to make up any missed work.

Content Accommodations

I make every effort to be sensitive to all cultures and beliefs. However, I will not provide content accommodations. Please be advised that some psychological theories are

culturally and politically biased. I encourage you to respectfully draw attention to these biases when you think they arise in the material. However, I will not tolerate anyone demeaning another group's cultural, political, or religious beliefs. This course also includes one lecture and reading assignment on the topic of human sexuality and gender. As this is an introductory course, I will provide only an overview of the topic, but sexual attitudes, behaviors, orientations, and dysfunctions will all be briefly addressed. Lecture attendance that day is optional, but information covered in the related readings will appear on the exams.

Disability Accommodations

In compliance with the Americans with Disabilities Act 1990, the University of Utah seeks to provide equal access to its programs, services and activities for people with disabilities. If you will need accommodations in the class, reasonable prior notice needs to be given to the Center for Disability Services, 162 Olpin Union Building, 581-5020 (V/TDD). CDS will work with you and the instructor to make arrangements for accommodations. All written information in this course can be made available in alternative format with prior notification to the Center for Disability Services.

Academic Honesty

All honesty and plagiarism policies established by the University of Utah will be upheld in this class. If you have questions about how and when to cite information in written work, please contact the instructor. For information about the University of Utah's policies regarding academic misconduct, please refer to the online version of the Student Handbook (<http://www.acs.utah.edu/sched/handbook/toc.htm>), and look for "University Code."

Course Requirements and Expectations

3 non-cumulative exams	50 points each, 150 points total
1 optional cumulative final	50 points
10 reading quizzes	5 points each, 50 points total
Extra credit assignments (TBA)	20 total possible points

Non-cumulative exams. Exams will consist of roughly 50 multiple choice questions. All exams will be "closed-book" and "closed-notes." Each of the 3 exams will cover approximately one third of the material in the course, including lectures, films shown and discussed during class, and assigned chapters in the textbook.

There will be only *partial* overlap between the materials covered in lectures and the materials covered in the textbook. You are responsible for all the materials in the assigned chapters and readings even if they were not discussed in class, and for anything discussed in class even if it was not covered in the textbook or in the readings.

Optional cumulative final. The final, given during the final exam time slot for the course, will also consist of multiple choice questions, but will cover material from the

entire course. If you choose to take the final, it can replace your lowest of the three non-cumulative exams scores.

Quizzes. Almost every Wednesday (see “Course Schedule” for specific dates), there will be a five-question multiple choice quiz on the textbook readings for that week, including the assigned reading for that day. Quizzes must be completed within the first 10 minutes of lecture the day they are given, so please show up on time! At least one question from each quiz will appear on the exam for that portion of class, so studying for the quizzes will help you study for the tests. Because Exams #2 and #3 fall on Wednesdays, those tests will have 55 questions instead of 50, five of which will count as “quiz” questions. So you will finish with 12 quiz grades, and I will drop your lowest two.

Extra credit assignments. Information forthcoming.

Lecture skeletons. I will provide you with a skeleton of all of the lectures to assist you in taking notes. I encourage you to download these skeletons from the class webpage before you come to class. I will make every effort to post these skeletons the night before each lecture by 11:59 p.m. Skeletons can be found by going to <http://www.psych.utah.edu/classes.php> and then clicking on OLMS. After that, select psych 1010 in the summer 2009 section.

Attendance. Show up. Be on time. Every class. And turn off your cell phone. Or else I will answer it. I’m not joking.

Grading. Your total exams scores, quiz scores, and extra credit will be added together to calculate your final grade (so your grade will be however many points you got out of a possible 200 points). The following grades will be assigned according to your total score (after extra credit).

<u>Grade</u>	<u>Overall Average</u>
A	93-100
A-	90-92
B+	86-89
B	83-85
B-	80-82
C+	76-79
C	73-75
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	59 or below

****If you are struggling at any point, please set up an appointment with me as soon as you realize it! I want you all to do well, and it will be much easier for me to help you if I know as soon as possible!****

Course Schedule and Reading Assignments

DATE	TOPIC	READING ASSIGNMENT
May 18th	Orientation/Class Overview	
May 20th	Introduction to Psychology (Quiz 1)	Chapter 1
May 25th	NO CLASS – MEMORIAL DAY	
May 27th	Biology & Behavior (Quiz 2)	Chapter 2 (pg. 40-57)
June 1st	Biology & Behavior, continued	Chapter 2 (pg. 58-79)
June 3rd	Sensation & Perception (Quiz 3)	Chapter 3
June 8th	Learning	Chapter 5
June 10th	Memory (Quiz 4)	Chapter 6
June 15th	EXAM #1	
June 17th	Cognition, Language, & Intelligence (Quiz 5)	Chapter 7
June 22nd	Motivation & Emotion	Chapter 10
June 24th	Health & Stress (Quiz 6)	Chapter 12
June 29th	Child Development	Chapter 8
July 1st	Adolescence & Adulthood (Quiz 7)	Chapter 9 (pg. 312-327)
July 6th	Adolescence & Adulthood, continued	Chapter 9 (pg. 328-342)
July 8th	EXAM #2	
July 13th	Human Sexuality & Gender	Chapter 11
July 15th	Personality Theory & Assessment (Quiz 8)	Chapter 13
July 20th	Psychological Disorders	Chapter 14 (pg. 486-503)
July 22nd	Psychological Disorders, continued (Quiz 9)	Chapter 14 (pg. 504-518)
July 27th	Therapies	Chapter 15 (pg. 524-535)
July 29th	Therapies, continued (Quiz 10)	Chapter 15 (pg. 536-551)
August 3rd	Social Psychology	Chapter 16
August 5th	EXAM #3	