

What Can the Psychology Advising Center Do for YOU?

Working closely with the Psychology Advising Center will allow you to get the most from your education and help you achieve your academic and life goals. Below are some guidelines for what you can expect from your advisor and what will be expected of you.

What the Psychology Advising Center strives to do for you:

- ? Listen attentively to your questions and concerns and maintain confidentiality.
- ? Professionally respect your unique interests, abilities, and circumstances.
- ? Help you explore a variety of academic options that support your personal and career interests.
- ? Explain the Psychology Major and Minor degree requirements.
- ? Assist you in building an appropriate class schedule.
- ? Refer you to appropriate campus resources as needed.
- ? Help you learn how to search out answers for yourself.

The Psychology Advising Center will not:

- ? Make decisions for you. The choices you make about which courses to take or what to major/minor in must be yours, since the results of those decisions will make up your college career and no one else's.
- ? Be your only source of advice. University College Advisors [450 SSB, (801) 581-8146] can clarify information about University regulations, policies, and procedures. Career counselors in Career Services [350 SSB, (801) 581-6186] are also valuable sources of information and advice as you begin to plan for life after graduation.
- ? Clear you for graduation. While the Psychology Advising Center can help you plan your courses to meet graduation requirements and sign graduation papers, you are responsible for making sure that you have met the requirements. The graduation office [250 SSB, (801) 581-7852] has the final authority in determining when you have satisfied all of the requirements for your degree.

What you can do as an advisee:

- ? Take responsibility for learning and complying with University and Psychology Departmental requirements, policies, and procedures.
- ? Be prepared for advising sessions by bringing appropriate documents (i.e., transcripts, DARS, summary of transfer credit, test scores), making a list of questions and concerns, planning a tentative schedule, etc.
- ? Honestly communicate your unique interests, abilities, and circumstances with your advisor.
- ? Take responsibility for achieving your success and accepting the consequences of your academic and personal decisions.
- ? Keep up with your academic progress and maintain your own advising file.
- ? Meet with your advisor regularly, we recommend meeting with an advisor every semester.

****REMEMBER: YOU are ultimately responsible for your academic success!***